

## **Big Book 12 Step Study Workshop**

Each week, at the beginning of each workshop session, indicate your level of being "PRESENT". Use a number 1 to 10 with 10 being "Fully Present" and 1 "Barely Present".

<b>Week #</b>	<b>Your Level (1-10) of Being "PRESENT"</b>
<b>Intro Session</b>	
<b>Week 1</b>	
<b>Week 2</b>	
<b>Week 3</b>	
<b>Week 4</b>	
<b>Week 5</b>	
<b>Week 6</b>	
<b>Week 7</b>	
<b>Week 8</b>	
<b>Week 9</b>	
<b>Week 10</b>	
<b>Week 11</b>	
<b>Week 12</b>	
<b>Week 13</b>	
<b>Week 14</b>	
<b>Week 15</b>	
<b>Week 16</b>	
<b>Week 17</b>	
<b>Week 18</b>	

# Big Book Workshop Format

Good evening, my name is \_\_\_\_\_, and I'm an alcoholic. Welcome to the regular Big Book Workshop. We as leaders do not consider ourselves to be the gurus of the Big Book of Alcoholics Anonymous. We do not consider ourselves to be experts in anything at all. For those who care to, please join me in a moment of silence to remind us of why we are here, and for the alcoholic who still suffers.

Please join me in the workshop prayer:

***“God, let me set aside everything I think I know about you, AA, myself, and my disease, for an open mind and a new experience. Let me be honest and thorough. Amen.”***

For the first couple of weeks we will go around the room and introduce ourselves in order to get to know one another.

**Purpose:** It is the purpose of this workshop to experience the recovery process as outlined in the Big Book of Alcoholics Anonymous, either for the first time or again, so we may better carry out and understand our primary purpose; to stay sober and carry the message to the still suffering alcoholic.

We are here to talk about recovery only, and to go through the 12 Step process as outlined in the Big Book of Alcoholics Anonymous. This is not an emotional or intellectual exercise. This is a spiritual exercise, so we can all recover and experience the recovery process as we read it together. It is recommended that anything that you hear here that cannot be reconciled in the Big Book, Twelve and Twelve (12 x 12), or other approved AA writings be simply ignored. THIS IS NOT A CROSS-TALK WORKSHOP.

**Reader begins workshop.**

**Closing:** It is now time to end our meeting for this evening. After a moment of silence for the alcoholic who still suffers, please join me in reading “A Vision For You” found on page 164 of the Big Book of Alcoholics Anonymous.